



# WIC Breastfeeding Nutritional Risk Codes

## Anthropometric — Priority I

- 101  **Underweight** — Less than 6 months postpartum, prepregnancy or current BMI less than 18.5 (R)
- 102  **Underweight** — 6 months or greater postpartum, current BMI less than 18.5
- 111  **Overweight** — Less than 6 months postpartum, prepregnancy BMI greater than or equal to 25 (R)
- 112  **Overweight** — 6 months or greater postpartum, current BMI greater than or equal to 25
- 133  **High Gestational Weight Gain in Most Recent Pregnancy (Singleton Only)** —  
 Prepregnancy underweight (gained more than 40 pounds)  
 Prepregnancy normal weight (gained more than 35 pounds)  
 Prepregnancy overweight (gained more than 25 pounds)  
 Prepregnancy obese (gained more than 15 pounds)

## Biochemical — Priority I

- 201  **Low Hematocrit / Low Hemoglobin (R)**  
 12 through 14 years: Hct less than 36% or Hgb less than 11.8 g/dL  
 15 years or older: Hct less than 36% or Hgb less than 12.0 g/dL
- 211  **Lead Poisoning** — Blood lead level of 10µg/dL or greater within past 12 months (R)

## Clinical / Health / Medical — Priority I

### Obstetrical Risks

- 303  **Gestational Diabetes in Most Recent Pregnancy**
- 311  **Preterm Delivery** — 37 weeks or less gestation in most recent pregnancy
- 312  **Low-Birthweight Infant** — Weighed 5 lbs. 8 oz. or less (2500 g or less) in most recent pregnancy
- 321  **Fetal Death (20 weeks or greater gestation) or Neonatal Death (28 days or less of life) in Most Recent Pregnancy** which was a multi-fetal gestation with one or more infants still living
- 331  **Pregnancy at a Young Age** — (conception at 17 years or younger) in most recent pregnancy
- 332  **Closely Spaced Pregnancies** — (conception before 16 months postpartum) in most recent pregnancy
- 333  **High Parity and Young Age** — Woman, younger than 20 years at conception of most recent pregnancy, who has had three or more previous pregnancies lasting 20 weeks or more, regardless of birth outcome
- 335  **Multi-Fetal Gestation in Most Recent Pregnancy**
- 337  **Birth of a Large for Gestational Age Infant** — Any birth of an infant weighing 9 lbs. or more (4000 g or more) (includes most recent pregnancy)

- 339  **Birth with Nutrition-Related Birth Defect** — Inappropriate nutritional intake in most recent pregnancy, (e.g., inadequate zinc, folic acid, or excess vitamin A)

### Nutrition-Related Risk Conditions

- 341  **Nutrient-Deficiency Diseases** — Malnutrition, scurvy, rickets, hypocalcemia, and osteomalacia (refer to nutrition risk manual for other conditions) (R)
- 342  **Gastro-Intestinal Disorders** — Ulcers, liver and gallbladder disease, malabsorption syndromes and bowel diseases, pancreatitis, and GER (R)
- 343  **Diabetes Mellitus**
- 344  **Thyroid Disorders**
- 345  **Hypertension**
- 346  **Renal Disease** — Excluding urinary-tract infections
- 347  **Cancer (R)**
- 348  **Central Nervous System Disorders** — Parkinson's, epilepsy, cerebral palsy, multiple sclerosis, and spina bifida
- 349  **Genetic and Congenital Disorders** — Cleft lip or palate, Down syndrome, thalassemia major, muscular dystrophy, and sickle-cell anemia (not sickle-cell trait)
- 351  **Inborn Errors of Metabolism** — PKU, hyperlipoproteinemia, and galactosemia (refer to nutrition risk manual for other conditions)
- 352  **Infectious Diseases within Past Six Months** — TB, pneumonia, meningitis, parasitic infections, hepatitis, HIV, or AIDS (R)
- 353  **Food Allergy** — Wheat, eggs, milk, corn, or peanuts
- 354  **Celiac Disease** — Celiac sprue, gluten enteropathy, or nontropical sprue
- 355  **Lactose Intolerance**
- 356  **Hypoglycemia**
- 357  **Drug Nutrient Interactions**
- 358  **Eating Disorders** — Anorexia nervosa and bulimia
- 359  **Recent Major Surgery (including C-Section), Trauma, or Burns in Past Two Months** — Occurrences more than two months previous must have the continued need for nutritional support diagnosed by a physician
- 360  **Other Medical Conditions** — Juvenile rheumatoid arthritis, lupus erythematosus, heart and cardiorespiratory disease, cystic fibrosis, or persistent moderate or severe asthma requiring daily medication (R)
- 361  **Clinical Depression (R)**
- 362  **Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat** — Disabilities that restrict the ability to intake, chew, or swallow food or require tube-feeding to meet nutritional needs; minimal brain function, brain damage, head trauma, other disabilities, or feeding problems due to a developmental delay

## Substance Use / Other Health Risks

- 371  **Maternal Smoking** — Any current daily smoking of tobacco products (R)
- 372  **Alcohol** — Current routine use of two or more drinks per day, binge drinking, or heavy drinking (R)
- 373  **Any Current Illegal Drug Use (R)**
- 381  **Dental Problems** — Periodontal disease, tooth decay, tooth loss, or ineffectively replaced teeth (R)

## Dietary Priority IV

- 401  **Failure to Meet Dietary Guidelines for Americans**
- 480  **Inappropriate Nutrition Practices**

## Other Risks — Various Priorities (See each code)

- 501  **Possibility of Regression (Priority IV)**
- 502  **Transfer of Certification (No Priority)**
- 601  **Breastfeeding Mother of Infant at Nutritional Risk (Priority I, II, or IV)**
- 602  **Breastfeeding Complications or Potential Complications** — Severe engorgement; recurrent plugged ducts; mastitis; flat or inverted nipples; cracked, bleeding, or severely sore nipples; age 40 years or older; milk coming in after four days postpartum; or tandem nursing of non-twins (Priority I) (R)
- 801  **Homelessness (Priority IV)**
- 802  **Migrancy (Priority IV)**
- 901  **Recipient of Abuse/Battering within Past Six Months (Priority IV) (R)**
- 902  **Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food** — (Priority IV)  
 17 years or younger  
 Mentally disabled/delayed, or mental illness such as clinical or postpartum depression  
 Physical disability which restricts or limits ability to prepare food  
 Current use or history of abusing alcohol or other drugs
- 903  **Foster Care** — During previous six months (Priority IV)

(R) = Allowable regression risk code for breastfeeding women.